

## FOCUSZART Open Studio

The FOCUSZART Open Studio is an intro to engaging with Felt Sense-Based Arts

Time: Fridays 1 x / month, @3:00 pm - 4.30 pm EST / @8:00 pm - 9.30 pm BST

Duration: 1,5 hours (2 learning units)

Video Conferencing: No waiting room, you have direct access and can settle down

After *subscribing* to the FOCUSZART Open Studio notifications, you will receive a notification for the current month one week before the studio day, along with a link to sign up for your online ticket

### Online Safety Policies

Due to German data protection laws (DSGVO) and the German law for online coaching and teaching (FernUSG), there will be no recordings

**Please note:** Screenshots of participants or their artwork are not allowed due to DSGVO!

In according the German data protection laws, we will be videoconferencing with the GDPR-compliant software Alfaview. You can join our video conferenes with or without downloading the Alfaview app

### Registration Policies

Tickets are still available to purchase on studio day up to one hour before the start time!

You will receive your FOCUSZART Studio Time confirment and a PayPal invoice when 4-6 participants have signed up. Please pay **AFTER** getting the invoice!

Tickets: € 20 Eur ticket European participants and € 25 for US/Canadian participants (due to transfer fees)

Take advantage of the FOCUSZART Studio Time bundle: Discount of € 5 for signing up for a bundle of 5 studio times (to take within 1 year)

PLEASE NOTE: Use **THIS PayPal email adress** to pay **AFTER** invoice: focusing-tuebingen@email.de

If you have paid but are unable to attend, please email us at least 24 hours before the event

## How to Get the Most From It

**Check the Online Safety Policies:** Make sure you have read the necessary rules and recommendations

**Attending Online:** Please check in 5 minutes before the start time to get settled. We ask you to use a stable internet connection

**Set up your art table:** Bring your favorite art supplies and transform your desk into an art table. Remove items that remind you of office work

**Place an item associated with well-being** on your art table to create a sacred space and support you as you set your creative intention. Suggested items include a candle, flower, plant, power animal symbol, or crystal

### List of Art Supplies:

- 2 A4 sheet of paper (any quality, can be printer paper, to be glued together) or a sketch pad or your art journal book
- colored pens or sharpie markers
- 3-10 of your favourite water colours or water paintable crayons (dry media like oil pastels work as well for our purpose)
- jar with water, paint brushes, tissue

### Optional:

- some collage material
- glue stick
- tape
- scissors
- old credit card for flatten glued down collage pieces
- if it's available for you: white gesso or white acrylic paint – it's also fine without!

Will you join us? We are excited to have you!

Looking forward to seeing you!

Freda Blob, Ed (GRAD), CP (GRAD), AT, PCCAT, PCT, GDP

FOCUSZART Focusing Studio & School

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