

The FOCUSZART Focusing Studio & School

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www.artsfocusing.com

A Selection of a Wide Variety of National and International Workshops

Focusing Initiatives International, November 2022

Learn to Trust Your Inner Artist and Your Body's Inner Guidance [A Debut Presentation](#)

FOCUSZART The Focusing Studio, June 27, 2024 Creative Compassion - Towards a Sense of Belonging

Annual Gathering of The German Focusing Society DFG Heidelberg/GER, May 5th, 2024 Trauma-informed Focusing with the Arts

42. Focusing Network FN Summercamp Achberg/GER, August 6-10, 2023

Introduction To Trauma-Informed Focusing With The Expressive Arts

Annual Gathering of The German Focusing Society DFG Heidelberg/GER, May 13, 2023 Creative Compassion: Building Relational Empathy With Expressive Arts Focusing

Annual Gathering of The German Focusing Society DFG Heidelberg/GER, May 15, 2022 Being In Presence With Expressive Arts Focusing

Annual Gathering of The German Focusing Society DFG Heidelberg/GER, May 01, 2021 Along The Growing Edge: Exploring The More Of ... Artistically

Annual Gathering of The German Focusing Society DFG Heidelberg/GER, May 09, 2020 Inside And Outside: How I See Myself As A Focuser. A Crossing Of Expressive Arts Focusing And Children's Focusing, Co-Teacher Heidrun Essler

Focusing Initiatives International IIF, May 6, 2020 With the Help of Your Inner Advisor. Support for Corona Resilience

Annual Gathering of The German Focusing Society DFG Heidelberg/GER, May 11, 2019 Inner Artist Meets Inner Dreamer

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