

FOCUSZART Focusing Studio & School

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Lectures

Introduction to Expressive Arts Focusing Hands-on Methods: Finding Ground in Experiential Arts. Roots, Branches, and Wings Series with Pioneers and Master Teachers

April 19, 2024. Sponsored by the [Focusing And Expressive Arts FOAT Institute](#)

More Than Words: Trauma-informed Processing in Focusing and Focusing Oriented Settings

June 27, 2023, Online Talk Series of the German Focusing Association DFG

Focusing with the Creative and Expressive Arts

August 7, 2020, Lecture during the Focusing Summer School Achberg, German-Swiss Focusing Network FN